



# Kursplan

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Montag

Dienstag

Mittwoch

Donnerstag

Freitag

12:15 - 13:00

HIIT

18:30 - 19:15  
Powerzirkel

18:15 - 19:00  
Surffitness

18:30 - 19:15  
HIIT

19:30 - 20:15  
Surffitness

19:15 - 20:00  
Pilates

19:30 - 20:15  
Pilates

20:30 - 21:15  
Powerzirkel

20:30 - 21:15  
Powerzirkel